



2021 - 2022



Monticello Academy Taekwondo

Description:

Students, Parents, Teachers and Staff participate in the martial art and Olympic sport of taekwondo. The program features: Cardiovascular Conditioning, Traditional Kicking & Striking, Olympic Technique & Movement, Self-Defense, Working Well with Others, Systematic Full Body Workout, Strength, Conditioning, Coordination & Flexibility, and Self-Control & Development.

Requirement:

- Sport Physical Form: **Due by September 10th**.

Tuition:

- White Belt: \$60.00 Monticello Student \$80.00 NON-Monticello \$40.00 Adult Student
- Yellow/ Green Belt: \$65.00 Monticello Student \$85.00 NON-Monticello \$45.00 Adult Student
- Blue / Red Belt: \$70.00 Monticello Student \$90.00 NON-Monticello \$50.00 Adult Student
- Black Belt: \$75.00 Monticello Student \$90.00 NON-Monticello \$50.00 Adult Student

COVID-19 Guidelines:

- Handwashing is required before and after class.
- 3-Layered masks must be worn at all times.
- Windows and doors will be opened at all times when indoor.
- A water bottle, labeled with your child's first and last name, is required.
- Anyone over 12 years of age, must be vaccinated.

Policy:

- White Closed V-neck Taekwondo Uniforms are required for participation.
- Intermediate and Advanced students are required to have properly fitting approved sparring equipment.
- Tuition will be billed to your monthly invoice and it is **Non-Refundable, Non-Transferable and Non-Prorated**.
- A **10% Discount** for each additional family member who signs up.
- A **30-day notice** is required for any withdrawal or changes. All notices **must be e-mailed** to attendance@monticelloacademy.org . The school **DOES NOT** accept verbal notice.
- **NO classes** during school breaks, holidays, or school special events.
- **NO make-up** classes unless the instructor re-schedules the class.
- Class is offered to all student **2nd grade or higher**.
- Parents may be asked to attend a taekwondo orientation. Details will be e-mailed by the instructor.
- Please contact Mr. Fluker at lfluker@monticelloacademy.org for any questions.

Start Date:

White Belt	Monday	October 4, 2021
Color Belt	Monday	September 13, 2021

Schedule:

Belt Color	Day	Children (Ages 7 – 11)	Cadets (Ages 12 – 14)	Junior (Ages 15– 17)	Senior (Ages 18 and older)
White (Oct. – May)	Mon. & Wed.	3:45PM – 4:35PM	3:45PM – 4:35PM	3:45PM – 4:35PM	3:45PM – 4:35PM
Yellow / Green (Sept. – May)	Mon. & Wed.	4:45PM – 5:45PM	4:45PM – 5:45PM	4:45PM – 5:45PM	4:45PM – 5:45PM
Blue / Red (Sept. – May)	Mon. & Wed.	4:45PM – 5:45PM	4:45PM – 5:45PM	4:45PM – 5:45PM	4:45PM – 5:45PM
Black (Sept – May)	Mon. & Wed.	4:45PM – 5:45PM	4:45PM – 5:45PM	4:45PM – 5:45PM	4:45PM – 5:45PM
Sparring / Team Practice (TBD)					

**All TKD students are expected to show up 10 min before scheduled time. White belts should arrive no later than 3:35PM and Color Belt class should arrive at 4:35PM*