



Movement & Motor Skills, Sports and Art Class Descriptions

Class Description: These introductory classes help children to gain basic skills and familiarity with fun and healthy activities that are essential to their motor development. Classes are offered between September – May.

Class Overall Objectives:

- Introducing to gymnastics and tumbling by using basic mat tumbling, hula hoops, bean bags, and scarves.
- Learning how to take turns, share, make eye contact, and listen to instructions.
- Teaching coordination, directional movement, balance, and jumping.
- Understanding body awareness, spatial awareness, coordination, and balance.

Age Appropriate Goals:

2 - 3 years old:

- Learning how to move different body parts in different ways depending on the activities.
- Understanding what tracking is.
- Acquiring balancing Skills.

4 - 5 years old:

- Understanding how to move different body parts in different ways.
- Improving their tracking skills and balance.

MOVEMENT



Schedule: Monroe: Tues, 10:00AM – 11:00AM

Contact: Coach John Hsu at
jhsu@monticelloacademy.org

Class Description: The children are introduced to a variety of sports, such as basketball, soccer, baseball, and hockey. Classes are offered between September – May.

Class Overall Objectives:

- Having fun with fitness activities and exercises.
- Developing coordination, balance, and agility skills.
- Gaining individual skill growth.
- Following directions, listening skills, and sharing.
- Building communication and sportsmanship.

Age Appropriate Goals:

2 - 3 years old:

- Familiarizing children with different equipment and rules for each sport.
- Introducing different sports terminology and what they mean for each sport.
- Improving their tracking skills.

4 - 5 years old:

- Building upon the goals for 2s & 3s.
- Introducing basic game rules.
- Learning about teamwork and sportsmanship.

SPORTS



Schedule: Monroe: Mon., 9:30 – 10:30

Contact: Coach John Hsu at
jhsu@monticelloacademy.org



Creative Art Program for Three - Four Years Old Children

In this class, we hope to encourage and motivate children to freely express themselves and their creativity through various art mediums and techniques. Art is a beautiful outlet for children to communicate their emotions and show how they view the world around them. Through art, children can build confidence in their abilities, increase focus, generate love for creativity and learning, build a sense of connectedness with their community, and have fun!

Class Objective

- To allow children to freely create their imagination and creativity.
- To enjoy and have fun with the process of creating art.

Tuition

- \$40.00 - include all the art materials and supplies.
- Tuition is non-refundable, non-prorated, and non-transferable.

Schedule:

- Monroe Schedule: Every Friday @ 10:00AM

Curriculum Description:

This program is based on the children's development and interests. Therefore, the curriculum may not always be the same. Below are some things that we will do:

- Different types of art mediums and tools, as well as their usage
- Control – Fine Motor Skills
- Colors: how to create and blend colors to express your emotions.
- Different types of art
- Basic art terminology
- Famous artist/ artwork
- Focus
- Three-dimensional art
- Art movement and motion
- Creating Art with Shapes

Materials used:

- Pencils/Charcoal
- Paints
- Watercolors
- Markers
- Crayon
- Oil pastel
- Chalk
- Color Pencils
- Clay
- Cutting/ Scissors
- Gluing
- Etc.



Policy:

- Tuition will be billed to your monthly invoice.
- A 30-day notice is required for any withdrawal or changes. All notices must be e-mailed to Ms. Celena Jhun at cjhun@monticelloacademy.org **The school DOES NOT accept verbal notice.**
- Classes are offered through the school year. All registration must be done at least one week prior to the start date.
- NO-Make-up class unless the Instructor re-schedules the class.
- Please contact Ms. Megan at mmcmahon@monticelloacademy.org for any questions regarding the class.

“Every child is an artist. The problem is how to remain an artist once he grows up.”

Pablo Picasso

