



August 2020



3345 Lochinvar Avenue
Santa Clara, CA 95051
(408) 615 – 9416

VEGETARIAN MENU

Minimum Portion Size
 $\frac{3}{4}$ Cup Milk
 $\frac{1}{2}$ Slice Bread
 $\frac{3}{8}$ Cup Beans
1 $\frac{1}{2}$ cup
Meat/Fish/Cheese
 $\frac{1}{2}$ Cup Fruit/Veggie
 $\frac{1}{4}$ Cup Pasta
1 Egg

	Monday	Tuesday	Wednesday	Thursday	Friday
3	Veggie Nuggets Salad Bar Fruit Milk	4 Cheese Lasagna Veggie Fruit Milk	5 Veggie Fried Rice Mixed Veggies Fruit Milk	6 Mac and Cheese Corn Mandarin Orange Milk	7 Tofu Fajitas Salad Fruit Milk
10	Tortellini Salad Bar Fruit Milk	13 Bean /Cheese Burritos Corn Fruit Milk	14 Veggie Casserole Peas Fruit Milk	15 Cheese Pizza Salad Bar Fruit Milk	16 Spaghetti Salad Bar Fruit Milk
17	Mozzarella Sticks w/ Mariana Sauce Salad Bar Fruit Milk	20 Sweet & Sour Tofu Steamed Rice Broccoli Fruit Milk	21 Veggie Stroganoff Salad Bar Mandarin Orange Milk	22 BBQ Tofu Mash Potatoes Fruit Milk	23 Veggie Patty Sandwich Corn Fruit Milk
24	Alfredo Pasta Salad Bar Mandarin Orange Milk	27 Veggie Taco Salad Watermelon Milk	28 Pasta/Red Sauce Mixed Vegetables Watermelon Milk	29 Honey Pineapple Teriyaki Tofu Steamed Rice Green Beans Fruit / Milk	30 Cheese Enchilada Corn Watermelon Milk
31	Veggie Hamburger Veggie Chips Salad Bar Fruit Milk				

